

Flexible Spending Account (FSA) items that require a Letter of Medical Necessity

There are some items that are eligible for reimbursement through your FSA that require a Letter of Medical Necessity from your doctor. The letter must include the diagnosis and the symptoms for which the patient is being treated for and information on how long the item is needed.*

Acne Treatment (i.e., Retin A)	Incontinence products
Adaptive Equipment (i.e., to assist with activities of daily living)	Lactation Consultant
Air Conditions/Air Purifiers (i.e., for allergy conditions)	Lead-based paint removal
Automotive Modifications	Learning disabilities
Beds or mattresses	Legal fees
Blood storage	Lodging
Breast pumps	Massage therapy
Calcium Supplements	Minerals
Capital Expense (i.e., constructing entrance or exit ramps, widening doorways, lowering counters, etc.)	Nasal Strips (i.e., for sinus problems)
Cosmetic Procedures (i.e., to improve a deformity arising from a congenital abnormality, personal injury from accident or trauma, or to restore appearance related to treatment for another medical diagnosis or condition)	Naturopathic Care
Dancing Lessons (i.e., part of rehabilitation program after surgery)	Nursing care and services
Diapers or diaper service	Nutritional Supplements
Dietary Supplements	Nutritionist
Doulas	Orthopedic shoes
Ear plugs	Prescription Drugs (Imported)
Education	Radon Mitigation
Exercise equipment or programs	Retin- A
Fiber Supplements	Rogaine
Hair Loss Treatment	Special Education and Schools
Healing Ointments	Special Foods
Homeopathic Medicines	Sperm Storage
Hormone Supplements	Tanning Salon or equipment
Hypnosis	Teeth Whitening (i.e, restore function after an injury or trauma or to correct a congenital disease)
	Television for hearing-impaired
	Transportation
	Tuition expenses or fees
	Ultrasound (pre-natal)
	Vitamins
	Weight loss programs or drugs
	Whirlpool baths
	Wigs

*Submitting a Letter of Medical Necessity does not guarantee that the expense will be reimbursed.