



We're pleased that you selected Medica Choice this year. Medica Choice is an easy-to-use, open-access plan that allows you to see network providers without a referral. The information below will help you better understand your health plan so you have the best possible experience.

Welcome to Medica Choice®

GETTING STARTED

When you need care:

- Choose from any doctor, clinic or facility in the large Medica Choice network – more than 72,000 physicians and nearly 300 hospitals.
- While you don't need a referral to see a specialist, it's a good idea to work closely with your primary care doctor to coordinate your health care needs.
- If you're considering out-of-network care, call Customer Service first. Your share of the costs is likely to be significantly more if you receive care outside the network. The good news is that the network is very large, so it's easy to find a network provider that meets your needs.
- If you travel outside Medica's service area, you have access to a national provider network that allows you to receive covered services at the in-network level. You can find these providers by going to mymedica.com > *Find Physician or Facility* > *Member Through Work*, then choosing "Find a doctor in the Travel Program."

24-hour nurse line

Health care advice is available 24/7 from Medica CallLink® at 1-800-962-9497. (TTY users call 711 and ask for the number above.) Registered nurses can answer your questions about symptoms, medications and other health concerns. They can also help you find a network provider or direct you to the right type of care, such as an urgent care center or convenience care clinic.

QUESTIONS? We're here to help. Call Customer Service at the number on the back of your Medica ID card.

MEMBER TIP

To get the highest level of benefits, see network providers. To find a network provider, use the online search tool at mymedica.com > *Find Physician or Facility* > *Member Through Work*.